

Brian Bergford is a Certified Dog Trainer (IACP-CDT) with extensive experience as a practicing dog behavior specialist, and also owns Altitude Dog Training and Uptown Dog in Longmont, Colorado. His expertise is the interplay between dog behavior and human psychology, and his first book, *Transformational Dog Training: Bring Out the Best in Your Dog by Bringing Out the Best in Yourself*, emphasized the critical relationship between personal development and the behavioral stability of companion animals. Brian has written articles published in professional journals in addition to presenting as a featured speaker at international conferences on dog training and personal performance and development.

Brian earned his degree in Psychology from the University of Colorado, taking particular interest in neuroscience, psychopathology, clinical psychology, and the principles of peak human performance. Integrating his passion for helping people with his understanding of canine behavior, Brian customizes training strategies to help his clients successfully communicate with their dogs and better understand themselves in the process. For more information, visit <http://altitudedogtraining.com/about-us/>